**ESSEX COUNTY COLLEGE**

**Social Sciences Division**

**PHE 251 – Badminton**

**Course Outline**

**Course Number & Name:**  PHE 251 Badminton

**Credit Hours:**  1.0 **Contact Hours:**  2.0 **Lecture:** N/A **Lab:**  2.0 **Other:**  N/A

**Prerequisites**:  None

**Co-requisites:** None **Concurrent Courses:** None

**Course Outline Revision Date:**  Spring 2011

**Course Description**: Students receive instruction in the fundamental skills and techniques of the sport. The course also examines the history of the sport, current trends, rules, terminology, equipment, and etiquette. Students will play in double and single games to perfect their skills. This fifteen-week course is designed to allow students of varied physical states of preparedness to explore a moderate form of exercise.

**Course Goals:** Upon successful completion of this course, students should be able to do the following:

1. demonstrate a variety of successful serves;

2.    demonstrate various badminton strokes; and

3. demonstrate strategies.

**Measurable Course Performance Objectives (MPOs)**: Upon successful completion of this course, students should specifically be able to do the following:

1. Demonstrate a variety of successful serves:

* 1. *perform a deep serve;*
  2. *perform a short serve;* and
  3. *perform a direct serve*

2. Demonstrate various badminton strokes:

2.1 *perform a forehand stroke;*

2.2 *perform a backhand stroke;* and

2.3 *perform a smash stroke*

3. Demonstrate strategies:

3.1 *perform the side-by-side strategy;*

3.2 *perform the one-deep-one-near strategy;* and

3.3 *perform the deep-and-short strategy*

**Methods of Instruction**: Instruction will consist of a combination of demonstration, skill work, practice sessions, games, and strategy applications.

**Outcomes Assessment:** Test questions are blueprinted to course objectives. Checklist rubrics are used to evaluate skill and strategy performance for the presence and mastery of course objectives. Data is collected and analyzed to determine the level of student performance on these assessment instruments in regards to meeting course objectives. The results of this data analysis are used to guide necessary pedagogical and/or curricular revisions.

**Course Requirements:** All students are required to:

1. Attend all classes on time and actively participate in class.

2. Take a written final test as scheduled.

3. Demonstrate skills as requested by the instructor.

**Methods of Evaluation:** Final course grades will be computed as follows:

**% of**

**Grading Components final course grade**

* **Attendance & Class Participation 50%**

Students need to attend and participate in class to benefit from the guidance of the instructor, to observe necessary demonstrations, and to practice badminton.

* **Final Written Test** (date specified by the instructor) 25%

The test will provide evidence of the level of student mastery of the rules and basic techniques involved in badminton.

* Skill Evaluations **25%**

Skill evaluations will provide evidence of student mastery of physical performance-based course objectives.

**Academic Integrity:** Dishonesty disrupts the search for truth that is inherent in the learning process and so devalues the purpose and the mission of the College. Academic dishonesty includes, but is not limited to, the following:

* plagiarism – the failure to acknowledge another writer’s words or ideas or to give proper credit to sources of information;
* cheating – knowingly obtaining or giving unauthorized information on any test/exam or any other academic assignment;
* interference – any interruption of the academic process that prevents others from the proper engagement in learning or teaching; and
* fraud – any act or instance of willful deceit or trickery.

Violations of academic integrity will be dealt with by imposing appropriate sanctions. Sanctions for acts of academic dishonesty could include the resubmission of an assignment, failure of the test/exam, failure in the course, probation, suspension from the College, and even expulsion from the College.

**Student Code of Conduct:** All students are expected to conduct themselves as responsible and considerate adults who respect the rights of others. Disruptive behavior will not be tolerated. All students are also expected to attend and be on time for all class meetings. No cell phones or similar electronic devices are permitted in class. Please refer to the Essex County College student handbook, *Lifeline*, for more specific information about the College’s Code of Conduct and attendance requirements.

**Course Content Outline:** There is no text for this course.

**Week Topics**

1 – 4 Introduction to Badminton

Basic Rules and Techniques

5 – 8 The Beginning Game

Various Serves and Strategies

9 – 12 Intermediate-Level Skilled Games

13 – 15 Badminton Tournament

**Final Written Test**